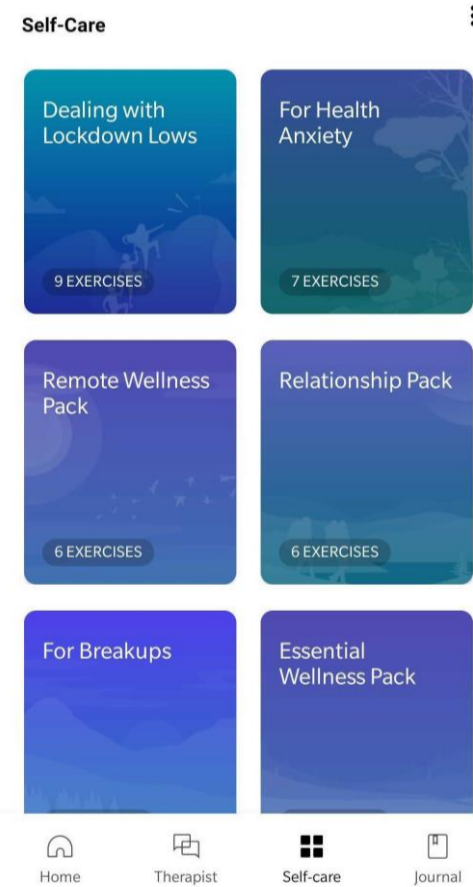# wysa

PROBLEM

Access and Experience of mental health services for the user is made challenging by long waits for support, accessibility challenges and a disjointed system whereby critical outcome information is often missed or not passed on. Service users want to be able to access timely support in a place and manner that suits them.

For staff, morale is low and burnout is high whilst they manage high caseloads, time intensive triages and challenges in collecting outcome data.

Offering high quality care is a priority but managing pressures in various points in the system is vital to ensure a broad service delivery that meets the various needs of its users.

Self-Care

Dealing with Lockdown Lows
9 EXERCISES

For Health Anxiety
7 EXERCISES

Remote Wellness Pack
6 EXERCISES

Relationship Pack
6 EXERCISES

For Breakups

Essential Wellness Pack

Home · Therapist · Self-care · Journal

> " We've had access to the leaders in the NHS and been able to showcase what we can offer to change lives and make clinicians lives easier. The DigitalHealth.London Accelerator has created a network we will remain connected to far beyond this year.
>
> I learnt the value and importance of our story as clinicians and service users and how to communicate this. I met other amazing innovators and was able to trade skills and ideas in a community of learning. "

SUCCESSES AND IMPACT

- WYSA became the highest rated ESF Tier 3 AI mental health app on ORCHA. This recognises that WYSA can be used both to support data collection for e-triage and as a self-help tool and reflects the work that has been done to gain regulatory approval and maintain excellent clinical safety.

- The launch of the first AI Award funded mental health RCT into the use of AI as a waitlist intervention. This first of it's kind study will help grow WYSA's understanding of the role AI can play in augmenting the wider patient journey.

- Inclusion of the London NHS cCBT framework. Their guided self help programmes inclusion on the cCBT framework, and the development of their therapist companion app is a key step in widening the accessibility options for users whilst creating time savings for staff.
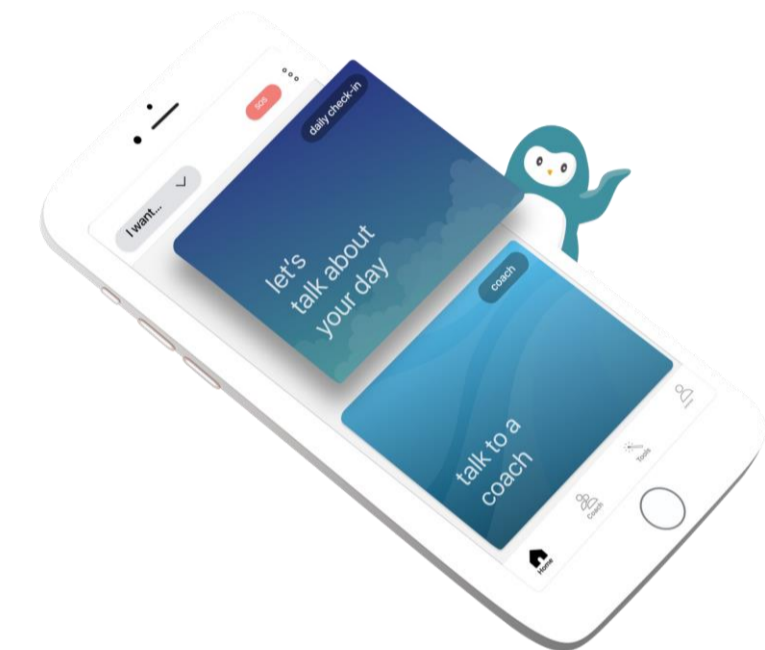
5 million patients supported

Used in **65 countries**

First AI mental health RCT in the NHS

Find out more:

SOLUTION

WYSA is a world leading AI mental health solution, supporting users throughout their mental health journey, from publicly available wellbeing, through to digital e-triage, waitlist support, Guided Self-help and relapse prevention.

let's talk about your day

talk to a coach

> " Introducing WYSA into mental health pathways is vital. There will continue to be a gap between the number of staff, and people needing support. Developing and using digital tools that help to get people to the right professional but that can also provide engaging and self help tools when there will be a wait is essential.
>
> - *Lucy Wilson-Shaw, Service Manager* "

WHAT'S NEXT?

WYSA hope to take the development leads and relationships created, and push for a wider deployment of WYSA across the NHS. The team feel like the door is now open, and now they have the opportunity to reach hundreds more clinicians and thousands more patients.