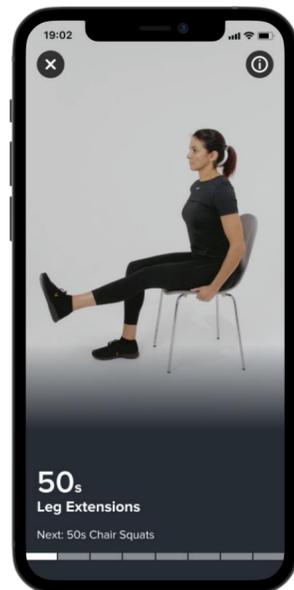


PROBLEM

Having surgery is like running a marathon—both require training of the body and mind in the weeks and months beforehand. Optimising an individual's health and wellness prior to surgery significantly reduces the risk of complications and accelerates full recovery.

The existing model of care leaves patients uninformed and under-prepared for surgery resulting in unplanned cancellations, longer hospital stays and delayed recovery.

1 in 3 patients experiences post-operative complications, half of which are avoidable with better preparation.



“

Huge thanks to the whole DigitalHealth.London team for their support and motivation in the past year, it's been an incredibly positive experience for us. Special thanks to our navigator, Jessica Chiu, who has worked hard to open doors to new commercial opportunities and help us overcome frequent start-up challenges.

”



Surgery Hero

🖱️ surgeryhero.com

🐦 @Surgery_Hero

SUCSESSES AND IMPACT

- Surgery Hero and the NHS South Tees service evaluation was recently published in the NHSE Perioperative Playbook. Surgery Hero also recently featured in the Department for International Trade Digital Health Playbook for 2022.
- They were awarded funding from the Small Business Research Initiative to run their first randomised control trial in collaboration with Sherwood Forest Hospitals NHS Foundation Trust.
- The team have signed three Integrated Care Systems deals.

2-day
Average reduction in
Length of Stay

10-point
improvement in Patient
Activation Measure

80+
Net Promoter Score

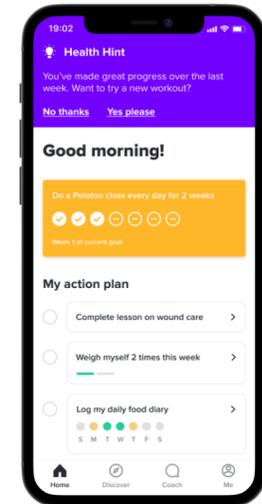
Find out more:



SOLUTION

Surgery Hero is a digital clinic that helps people prepare for and recover from surgery at home.

Their mobile app based solution combines human health coaching, personalised digital guidance and a toolkit of educational resources to help members understand and adopt lifestyle habits shown to improve surgery outcomes.



“ It's been frighteningly positive! From the first chat I had with my coach, I've never really looked back. Everything just dropped into place... the diet... the lifestyle... and everything else really. It just fell into place very neatly. ”

Joe, 75 year, Total Knee Replacement

WHAT'S NEXT?

Preparation work has begun for the next investment round to help scale the business throughout the NHS and to expand their services to the US market.

Surgery Hero will continue to invest resources into advancing their body of evidence to support the advancement in the perioperative care model.